

Shinkyu Shotokan Karate Tournament

Allowable Shotokan Kata List

Other Styles May Do Equivalent Level Kata

10th kyu (white, orange, yellow)
Taikyoko Shodan - Heian Shodan

9th – 8th kyu (blue belt)
Heian Nidan – Heian Sandan

7th – 6th kyu (green belt)
Heian Yondan – Heian Godan

5th – 4th kyu (purple belt)
Tekki Shodan – Bassai Dai

3rd – 1st kyu (brown belt)
Jion – Kanku Dai – Empi – Hangetsu

Shodan and above (black belt)
Any kata

All competitors must do a kata commensurate with their level or lower. A kata must be performed that is an equivalent or of the same experience level as the Shotokan kata listed above.